# MESSAGE TO OUR RESIDENTS ABOUT COVID-19 TO OUR RESIDENTS,

As a valued AHI Corporate Housing resident, it's important that you know we are closely monitoring the circumstances related to COVID-19 (Coronavirus) as it evolves. Our primary concern is the health and wellbeing of our residents and employees. We want to assure you AHI is committed to doing everything we can to help you stay well informed and healthy. Now is the time for all of us to play our part in minimizing the virus' spread.

#### WHAT WE'RE DOING:

We have been sourcing information from the Centers for Disease Control (CDC) and the World Health Organization (WHO) to stay on top of this evolving situation. We are implementing recommended guidelines to mitigate exposure for our employees and following the CDC's recommendations on steps we can take to help prevent the spread of the virus. For example, we've shared specific instructions with our employees on the importance of washing their hands and staying home if they feel sick..

#### **HOW YOU CAN HELP:**

As residents, employees and community citizens we all share the responsibility to be vigilant in doing everything we can to combat this virus at home and at work. Following established hygiene practices and using good old fashion common sense will go a long way to accomplishing this goal. A reminder, based on the information from the CDC, WHO and other sources, it is thought that the most common way to contract the virus is through person-to-person contact.

Continue to call AHI if you have an emergency work order, but please hold off on submitting non-emergency work orders to reduce visits into your apartments. We will resume regular scheduled maid services when it is deemed safe for you and our staff.

Here are further recommendations and guidance from the CDC:

- 1. Wash your hands frequently with soap and water for a minimum of 20 seconds. If soap and water are unavailable, use an alcohol-based hand sanitizer.
- 2. Avoid touching your eyes, nose and mouth with unwashed hands.
- 3. Avoid physical contact with people who are sick.
- 4. Stay home when you are sick.
- 5. Cover your cough or sneeze in to your elbow, or a tissue or then throw the tissue away.
- 6. Have some extra (not excessive) food and supplies on hand.
- 7. Frequently clean and disinfect touched objects and surfaces.
- 8. Wash your hands or use alcohol-based hand sanitizer before and after touching building entry doors, common area doors, buzzers and keypads.
- If possible (and applicable) take the stairs and try not to touch the rails if possible instead of an elevator. When using an elevator, disinfect hands before and after pressing the call buttons.

As with any medical situation involving your health, we strongly recommended that you consult with your own physician as to your personal condition and follow any additional steps they may recommend to take to be healthy and safe.

### **HELPFUL LINKS:**

## Centers for Disease Control and Prevention | World Health Organization

It is our goal to continue providing you the level of top service you expect, as we navigate together through this ever changing situation. We will continue to monitor the situation and stay current with advice from the CDC and public health officials. The health of our residents and our communities is our first priority. If you have any questions, please do not hesitate to call us.